

PROGRAMME
Study Day for Health and Social Care Professionals
“THE PSYCHOLOGICAL ASPECTS OF
LIVING WITH MULTIPLE SCLEROSIS”
at the Stuart Resource Centre, Long Walk Road, Aberdeen.
Friday 7th March 2008
9.30 am - 4.30 pm

9.30 am-9.45 am	Registration , Tea/Coffee
9.45 am -10.00 am	Introduction by : Ian Leslie, Multiple Sclerosis Society
10.00 am-10.45 am	“MS – the Illness and its Management” Dr. Alison Ritchie, General Practitioner
10.45 am-11.00 am	Tea/Coffee break
11.00 am -12.00 noon	“Counselling in MS” Sandra Hart, Counsellor & M H O
12.00 noon -1.00 pm	“Living with MS” Iain and Sue Morrison, Susan Park and Pat Spanswick
1.00 pm – 1.45 pm	Buffet Lunch
1.45 pm – 3.15 pm	“Psychological and Cognitive Functioning in MS” Fiona Summers, Consultant Neuropsychologist (including “workshops” on fatigue, memory loss and loneliness)
3.15 pm – 3.30 pm	Tea/Coffee Break
3.30 pm – 4.15 pm	“Approaching the End of Life” Dr. Margaret Mclean, Psychologist
4.15 pm – 4.30 pm	Round Up and Evaluation (including Distribution of Attendance Certificates)